

# Street by Street Course Description

## Bridge Run Street by Street Description

<b>Event</b>	<b>Bridge Run (BR)</b>
<b>Distance</b>	<b>10.00km</b>
<b>Start Time</b>	<b>8:00am</b>
<b>Start Window Race Time (from Gun)</b>	<b>0hr: 35mins</b>
<b>Start Window (actual 'day' time) - Start Line Close Times</b>	<b>8:35am</b>

**Note:** Start Window- Each event has been allocated a 'Start Window', which is a specific period of time whereby the runners must cross the start line within this allocated 'window'. No one will be permitted to cross the start line after the 'Start Window' has closed.

**Start Line:** On South Alfred Street, 22m North of Fitzroy Street intersection, western side of Bradfield Park, Milsons Point (Mark at base of first Pole on right) Alt 29.5m above SL.

- All courses proceed northbound up South Alfred St Milsons Point to Lavender St round-a-bout,
- **BR** continues through Lavender St round-a-bout and onto Middlemiss St heading North,
- **BR** continues north along Middlemiss St,
- **BR** turns right at Arthur St Tunnel and continue through tunnel,
- **BR** turns right again exiting tunnel and veer into lane 2 Pacific Hwy heading South toward Sydney Harbour Bridge (SHB),
- **BR** continues south leading onto Bradfield Hwy, past Lavender St and into Lanes 1 & 2 of Harbour Bridge approach,
- **BR** continues south along Lanes 1 & 2: Bridge approach past **M & HM 1km mark** (Adjacent to Milsons Point Station),
- **BR** passes North Pylon Harbour Bridge and veer slightly toward Lane 4,
- **BR** passes highest point across Sydney Harbour Bridge , then past **M & HM 2km Mark** (approx. 180m south of highest point of SHB),
- **BR** veers right towards Lanes 1 & 2 towards Corkscrew,  
**BR** continues over SHB and directed towards Lanes 1 & 2 towards Corkscrew & veers right into top of Corkscrew and down Corkscrew and onto Southern side (Right lanes) of the Cahill Expressway,
- **BR** straight into corkscrew,
- **BR** continues around the inside lanes (keeping right) in the corkscrew, and past **M & HM 4km Mark**,
- **BR** exits corkscrew tunnel heading east onto the Cahill Expressway (above Circular Quay) along southern (Right) lanes of the Cahill,
- **BR** continues east along Cahill Expressway, staying on the southern (Right) side of the Cahill at all times,
- **BR** keeps on the southern (runners right hand side) of the Cahill and follow the Cahill veering around to the right and past the **M & HM 5km Mark** (approx. 60m prior to Macquarie St),

- **BR** veers left from Cahill Expressway onto the Eastern side (runners Left side) of Macquarie St, southbound,
- **BR** passes **Drink Station 1 - (BR-4.2km)** - Macquarie St. EASTERN side (Left/Park side) of road between Bridge St and Bent St,
- **BR** to continue south along the eastern (Left) side of Macquarie St past Shakespeare Place,
- **BR** to continue south along the eastern (Left) side of Macquarie St past Sydney Hospital,
- **BR** turns left onto Prince Albert Rd,
- **BR** turns left from Prince Albert Rd into Art Gallery Rd,
- **BR** continues to stay left along Art Gallery Rd passed Hospital Rd, and make a clockwise loop of RBG Mrs Macquarie's Rd loop Rd proceed towards the point,
- **BR** continues over Expressway Bridge,
- **BR** continues past the split in road on Mrs Macquarie's Rd, then past First Fleet Steps,
- **BR** u-turns around Mrs Macquarie's Point,
- **BR** returns back along Mrs Macquarie's Rd past the split in road on Mrs Macquarie's Rd at Boy Charlton Aquatic Centre,
- **BR** continues along Mrs Macquarie's Rd then past Trust Offices and over Expressway bridge,
- **BR** returns past Trust Offices and over Expressway Bridge and past the Art Gallery of NSW,

#### **Drink Station 2b BR DS Only**

- **BR** returns back along Art Gallery Rd keeping to the Left and passed Hospital Rd,
- **BR** turns right into St Mary's Rd,
- **BR** turns left into College St, past St Marys Cathedral,
- **BR** u-turns Right on College St,
- **BR** returns North along College St past St Marys Cathedral,
- **BR** turns Right into Macquarie St (staying to the Left),
- **BR** crosses Bent St (Shakespeare Place),
- **BR** crosses Bridge St,
- **BR** stays Left along Macquarie St and enters onto SOH Forecourt to Finish Line at the SOH.
- **2019 Finish Line, Adjacent to second stairwell down to Opera Bar, Alt 3.5m above SL**

<b>Event</b>	<b>Bridge Run (BR)</b>
<b>Distance</b>	<b>10.00km</b>
<b>First Runner Finish Time</b>	<b>8:29am</b>
<b>Last Runner Finish Time</b>	<b>10:15am</b>