



Blackmores Sydney Marathon

Runners start at 7:05am, last runner over start line at 7:15am.

Official cut-off time – 6hrs:0mins

Participants must maintain 8min 32sec per km or better throughout the course.

Start line cut-off – 10min

All participants must be over start line at 7:15am.

Cut-off / Redirection Point	Race Distance (Approx.)	Distance of Course Skipped	Race Time (From Gun Time)	Actual 'Day' Time
<p>1. Start Line (Cut-off Point).</p> <p>Runners have a 10min window to cross the start line. No one will be permitted to cross the start line after this time.</p>	0 km	-	00 hr : 10 min	7:15 AM
<p>2. North Sydney - Burton St (Redirection Point).</p> <p>Runners to be redirected through the tunnel and up the stairs onto the Sydney Harbour Bridge eastern pedestrian pathway.</p>	0.095 km	Approx. 1.07 km	00 hr : 12 min	7:17 AM
<p>3. North Sydney - Lavender St (Cut-off Point).</p> <p>A full course closure will be implemented at Lavender St. No runners will be permitted to continue onto Middlemiss St & the Sydney Harbour Bridge from this point.</p>	0.40 km	-	00 hr : 15 min	7:20 AM
<p>4. Moore Park Road / Driver Ave (Redirection Point).</p> <p>Runners to be redirected to turn right onto Driver Ave, missing the Moore Park Rd loop.</p>	8.30 km	Approx. 1.15 km	01 hr : 20 min	8:25 AM
<p>5. Centennial Park (CP) – Parkes Dr (Redirection Point).</p> <p>Runners to be redirected to turn right onto Dickens Dr & continue towards Grand Dr, instead of continuing south and u-turning to north on Parkes Dr.</p>	15.0 km	Approx. 1.30 km	02 hr : 17 min	9:22 AM
<p>6. Moore Park - Driver Ave / Lang Rd (Cut-off Point).</p> <p>Runners to be directed to exit the course & be taken to the finish in the tail collection vehicle.</p>	22.0 km	-	03 hr : 17 min	10:22 AM

7. Phillip St / Hunter St (Cut-off Point). Runners to be directed to exit the course & be taken to the finish in the tail collection vehicle.	25.0 km	-	03 hr : 43 min	10:48 AM
8. Hickson Rd / Watermans Quay Rd (Redirection Point). Runners to be redirected to skip the Pymont / Darling Harbour section of the course, by u-turning on Hickson Rd at the corner of Hickson Rd & Watermans Quay Rd, to then proceed north along Hickson Rd towards finish line.	28.1 km	Approx. 10.0 km	04 hr : 09 min	11:14 AM
9. Union St / Murray St / Pymont Bridge – Pymont (Redirection Point). Runners to be redirected to turn left from Union St, down Murray St to re-join the Marathon course, skipping the Pymont Bridge U-turn.	30.3 km	Approx. 1.0 km	04 hr : 28 min	11:33 AM

Note 1: Participants must note that the tail control vehicle will be issuing late timing warnings to runners throughout the course and should a runner lag behind the cut-off time at any point along the course, the runner will be warned twice, and then asked to remove themselves from the event on the third occasion even if the runner is not at a Cut-off or Redirection Point.

Note 2: Any wheelchair athletes in the Marathon competing with an expected Finish time of 2hrs:15min or slower will be overtaken by the lead Marathon Runner and must move to the left and give way to all other runners from the point when any runners overtake the wheelchair athlete.

Note 3: Any wheelchair athletes in the Marathon who are competing with an expected finish time of 2hr:05min or better need to be very aware of the course, and the various 2-way flows that exist with the 2017 Marathon Course.

Note 4: The lead wheelchairs will also need to be aware that they will come into contact with the Tail of the Half Marathon runners at;

1. Approx. the 37.5km mark lead wheelchairs may overlap with tail-end Half Marathon runners, at the Sydney Aquarium continuing along King St Wharf – Darling Harbour.

Note 5: Lead Marathon WC athletes will encounter oncoming Marathon Runners on their return back to the CBD along Flinders St and Oxford St. At the point of Oxford / College / Liverpool / Wentworth, there will still be a 14min M Tail exiting HP South. MWC will be directed to slow down as they approach the bottom of Oxford St and either be directed to enter Hyde Park, keeping to the left of the outbound runners, or we may implement Option B, whereby WC will cross the line of outbound runners at Flinders / Oxford, then proceed on the RHS of the runners to College St and use course; College St, across Park St, keeping left up to Prince Albert Rd, staying left and meeting back up with the 'normal' Marathon Course at the north end of HP. The difference in distance is Normal=875m, College Option=867m being a difference of only -8m.

Option B needs to be well coordinated with Police at Oxford, College & Park Streets as Police would need to coordinate the holding of Traffic at Park St to provide the WC with an uninterrupted path across Park St. Any WC

approaching Oxford St after 8:10am are to be directed to return back through HP regardless, as the Marathon Tail will have finished exiting Hyde Park South.

Note 6: All competition wheelchairs need to be accompanied by an event cyclist. The event organiser will be working to find appropriate cyclists for this role or each wheelchair athlete may bring their own cyclist if they have worked with them previously.

Note 7: All Wheelchair cyclist must attend a briefing session, usually held one evening during the week leading up to the event.